

# *Parent, Player, Coaches Bill of Rights and Code of Conduct*

## *Cape Fear Volleyball Mission Statement:*

Cape Fear Volleyball has had “For the Sport and the Community” as our Club Motto **since its inception in 1979**. As a **club, we are dedicated to improving the level** of Volleyball in southeastern North Carolina. We do **not support any individual school, but all schools**. We do not build any team, but all teams. As a club, we support the growth of all players. Cape Fear VBC is by **definition a “Teaching Program”, providing growth** for the **Beginning** Player as well as for the Elite Player. We take all players we can adequately **support with facilities and staff**, in an effort to promote the sport and to grow our most valuable commodity, our children.

## *Players, you have the right to expect the following from your Coach(es) and this Program:*

1. No sexual harassment or misconduct
2. Ethical behavior, with fair and equitable treatment both as a player and a person
3. Reasonably equitable playing time during Pool Play, providing you have attended practices and participated properly, and have made attempts to improve your skillsets. In the event a team progresses to additional play (generally meaning Playoffs), the coach(es) will make every effort to field the strongest team available, which MAY NOT allow for equitable play time.
4. National Teams may place more emphasis on fielding the most competitive team with less emphasis on equitable playing time. Playing time is won in Practice!
5. You will be played according to the positions and opportunities necessary for the success of this team. This may or may not be the same as your school team. What you do or where you play on your school team is not the main priority for your club coach.

## *In return, you (Players) are expected to:*

1. Attend all practices and Tournaments.
2. If you cannot attend practice, you **MUST** contact your coach 24 hours before that practice. Failure to contact your coach will result in reduced playing time at the next tournament. We know that illnesses/emergencies occur, but contact is still expected as early as possible.  
*“If you are not at practice, you cannot expect to improve!”*
3. Contact your coach if unable to attend a tournament as early as possible. Late cancellations will reduce future playing time.
4. Accept coaching, training, information as provided you by the coaches and staff of CFV in a positive and receptive manner. Many of you were stars on your HS team, but Club is not HS. In Club, you are among a select group of players who are making the effort to grow and improve. You are expected to act in that manner.
5. Accept that all on the team will be provided opportunity to participate as noted above. This may mean time on the bench when you are not used to it. This is growth as well. Support your team, teammates and coach(es). If not playing watch the game from a learning perspective.
6. Understand that negative behavior is rewarded negatively.

*Parents, you have the right to expect the following from your Coach(es) and this Program:*

1. Ethical behavior.
2. No sexual harassment or misconduct of your player.
3. Players will have the opportunity to grow and advance as a player. They will improve these skills primarily in practice.
4. Games may require players to share a position to best utilize all players skills.
5. The Coach to make every effort to provide equitable playing opportunities for all players on the team in Pool Play. This does not mean equal. It also does not mean only the “best” will play. Having said that, if a team advances into additional play (Playoffs), the coach is expected to “play to win” which may not give equitable playing time to all players.
6. The Coach will provide players with a proper learning environment, a well planned practice, and a game plan that allows opportunity for ALL (following guidelines posted above).
7. Provide players with feedback on their progress and to meet with parents as needed to provide feedback as is needed. Parent meetings will NOT be during a tournament or practice, unless the coach deems it necessary at the time. Parent meetings should be arranged in advance.

*In return, you (Parents) are expected to:*

1. Allow the coach(es) to coach. Trust their skills and knowledge of this game.
2. Trust they have your player’s best interest at heart. They do not like to lose. None will do so intentionally. They will attempt to improve all players in all areas they can.
3. If you have concerns about playing time, positions, treatment, a tournament is not the time to talk to the coach. After a match, parents may not question, harass, or in any way berate a coach.
  - a. We will adhere to a strict “24 Hour Rule”. Violation of this rule will result its a one- match suspension for your player. Please do not be “That Parent”. Please think how your actions can affect the whole team.
  - b. Parents ABSOLUTELY MAY NOT go onto the playing court during a match for any reason. This can result in your team being penalized, and possibly losing that game.
4. Parents should not be on the Practice Court at any time.
5. Parents are expected to show respect for the officials, whether adult or player (particularly if it is a player). You may not berate a player official. This is a Carolina Region guideline as well as a Cape Fear guideline. Parents have been asked to leave the facility for this behavior.
6. Parents will not verbally abuse, berate, physically lay hands on, or in any way harass other Cape Fear player(s), Coaching Staff, or any other club(s) player.
7. If you have concerns about any of the above, you may ask for a meeting before or after practice. If needed, a Club Director may attend. This is for the protection of both parties.

*Coach, you have the right to expect the following from your Players and Parents.*

1. To be treated with respect.
2. All players to attempt all skills/drills asked of them, and to perform at the best of their ability.
3. Players to attend all practices and tournaments.
4. Players to attend practices in a mindset that allows and encourages learning and development.
5. Players to notify them if unable to attend practice or tournament.
6. Parents to support their player, as well as ALL players on the team.
7. Parents to allow the coach to coach without interference or influence.
8. Parents to support the coach and this Program.
9. Parent concerns to be handled in an adult manner, and to follow proper channels.

In return, you the coach are expected to:

1. Provide players with a proper learning environment. Teach respect and sportsmanship to teach the whole player!
2. Treat each player with respect.
3. Provide a well planned practice. Practices should focus on team and individual needs, as well as improving mental toughness.
4. Act in a leadership role.
5. Provide players with constructive feedback on a regular basis.

Financial Obligation:

1. Follow the club payment plan. This can be paid all at once, or you can follow the payments that are listed online.
2. Club fees are nonrefundable.
3. Anyone who fails to make payments on time is subject to being held out of practices and tournaments. All payments are due even if a player is removed for disciplinary reasons or chooses to leave on their own.
4. A returned check will result in a \$30 fee to the player.

### **Consequences and/or Penalties**

1. Failure of parents or players to follow these guidelines may result in reduced playing time or removal from a team.
2. The club administration is the final line of appeal for these decisions.
3. Coaches are held accountable for their actions and are expected to follow all club guideline. Discipline of coaches is handled by the club administration.